



LifeSpan[®]
Life's short. Live longer.

**REDEFINING WORKPLACES.
EMPOWERING LIVES.**

About



LifeSpan Fitness has been a trusted name in fitness innovation for over two decades, pioneering solutions that seamlessly blend ergonomics and activity.

Our mission is to combat the health risks of sedentary lifestyles by bringing movement to workplaces worldwide. We stand out because of our commitment to quality, cutting-edge technology, and eco-conscious practices.

With an extensive product range that caters to diverse needs, LifeSpan Fitness empowers businesses to foster healthier, more productive environments.



Under Desk Treadmills

TR1200 Glow Up Under Desk Treadmill	TR1200PRO-SC130
TX6 Glow Up Under Desk Treadmill	TX6B • TX6W
TR5000 Glow Up Under Desk Treadmill	TR5000PRO-SC130

Under Desk Bikes

Ampera Office Bike	ABO1GW • ABO1SG
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Standing Desks

Standing Desk	SD9W-48W/48B/48G/ 51O/ 60U/60W SD9B-48W/48B/48G/ 51O/ 60U/60W
SDG Glass Standing Desk	SDG-B-SET • SDG-W-SET
All-in-One Omni Desk	TR1200SC130-SD120B-38W/48W/48B/48G/51O/60U/ 60W TR1200SC130-SD120W-38W/48W/48B/48G/51O/60U/60W TR5000SC130-SD120B-38W/48W/48B/48G/51O/60U/60W TR5000SC130-SD120W-38W/48W/48B/48G/51O/60U/60W
Power Treadmill Desk	TR1200SC130-SD9B-48W/48B/48G/51O/60U/60W TR1200SC130-SD9W-48W/48B/48G/51O/60U/60W TR5000SC130-SD9B-48W/48B/48G/51O/60U/60W TR5000SC130-SD9W-48W/48B/48G/51O/60U/60W
Power Bike Desk	ABO1GW-SD9B-48W/48B/48G/51O/60U/60W ABO1GW-SD9W-48W/48B/48G/51O/60U/60W ABO1SG-SD9B-48W/48B/48G/51O/60U/60W ABO1SG-SD9W-48W/48B/48G/51O/60U/60W

Accessories

Yoga Ball Office Chair	YB25C • YB25L • YB30L
Aero Balance Board	AS1000
Desk Shelf - Dual Monitor Stand	DMS1
Wooden Laptop Stand	LTS1-BW
Equipment Mat	TMM100 • TMM800
Cable Management Tray	CMT1
Water Flask	WFlask-B • WFlask-W
Bamboo Power Bank	PB-U
Ampera Bike Seat Cover	ABO1-SC-BEI / AG/ NB



 LifeSpan®

UNDER DESK TREADMILLS

TR1200 GLOWUP

GLOWUP UNDER DESK TREADMILL

SKU: TR1200PRO-SC130



- ✓ Low-noise High Power 3.5HP Brushless Motor (<60 dB)
- ✓ Low-Profile Design Fits Under Tight Spaces
- ✓ 6 Impact-Absorbing Shocks Dampen Walking Noise
- ✓ 2 Front Mounted Easy Roll Wheels
- ✓ Sturdy Construction Supports Up to 330 lbs.
- ✓ Integrated Step Counting
- ✓ Fully Assembled Out of the Box
- ✓ Intelli-Guard Safety Technology
- ✓ Promotes Optimal Ergonomic Position
- ✓ Comes with a Free Omni-Hub Console

TX6 GLOWUP

UNDER DESK TREADMILL

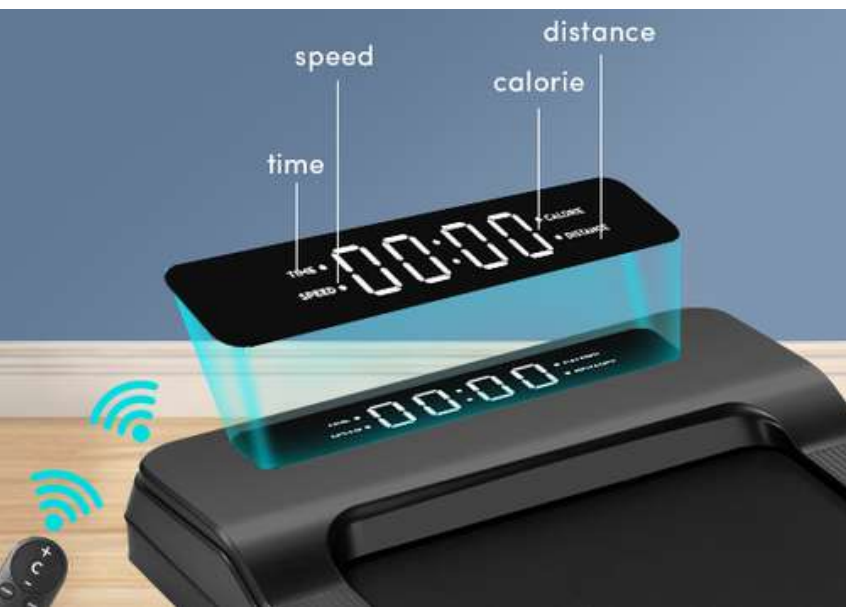
SKU: TX6B • TX6W

Available in Timeless Black and Pristine White.



Work and Exercise at the same time.

- ✓ Ultra-compact design and easy storage
- ✓ Choose between Pristine White and classic Timeless Black
- ✓ 6 Independent Compression Shocks
- ✓ Includes a remote and a sleek LED display for a more versatile workout
- ✓ Low-noise High Power 4.5HP Brushless Motor (<60dB)
- ✓ Supports up to 400 lbs.



▶ **Intelli-Step**



▶ **Intelli-Guard**



▶ **Full Tracking Capability**

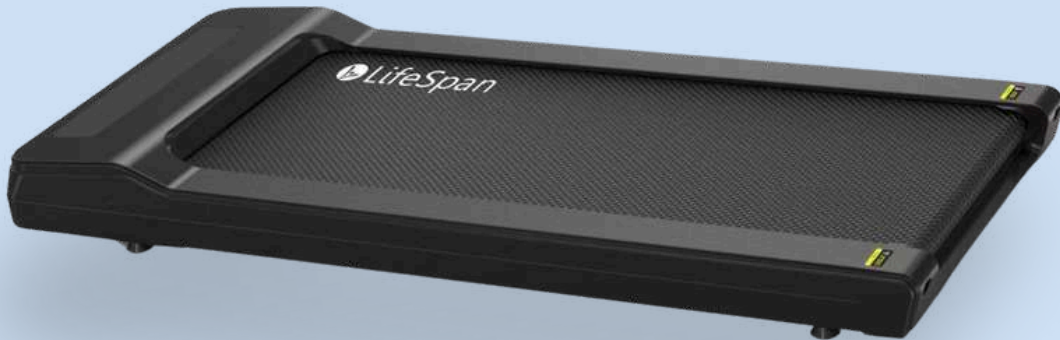


▶ **Supports Users of Various Heights**

TR5000 GLOWUP

GLOWUP UNDER DESK TREADMILL

SKU: TR5000PRO-SC130



“Outlasts them all.”

Forget those teeny, tiny under-desk treadmills that litter Amazon. They would pale in comparison.

— TreadmillGuru

✓ Low-noise High Power 4.5HP Brushless Motor (<60dB)

✓ Ultra-compact design and easy storage

✓ High Mileage Walking Belt

✓ 2 Front Mounted Easy Roll Wheels

✓ 6 Impact-Compression Shocks

✓ Built to stand and support up to 400 lbs.

✓ 1" Thick Extended-Life Deck

✓ Comes with a free Omni-Hub Console

Smooth and powerful even at 9 hours of daily use!



▶ **Intelli-Step**



▶ **Full Tracking Capability**



▶ **Intelli-Guard**



▶ **Supports Users of Various Heights**

Specifications



TR1200 Glow-Up Under Desk Treadmill



TX6 Glow-Up Under Desk Treadmill



TR5000 Glow-Up Under Desk Treadmill

Dimensions	60.6" L x 28" W x 5.8"H	60.6" L x 28" W x 5.8"H	60.6" L x 28" W x 5.8"H
Drive Motor	3.5 HP Peak Duty	4.5 HP Peak Duty	4.5 HP Peak Duty
Deck	0.6" (1.5cm) Phenolic Deck	0.7" (1.8cm) Phenolic Deck	0.7" (1.8cm) Phenolic Deck
Max. User Weight	330 lbs	400lbs.	400 lbs.
Side Rails	Aluminum Side Rails	Aluminum Side Rails	Aluminum Side Rails
Power Source	115V NEMA 5-15 GFI Circuit		
Belt Size Step-Up Height	48" x 20" 5.8"	48" x 20" 5.8"	48" x 20" 5.8"
Recommended Use	6 Hours	7 Hours	9 Hours
Color Options	Charcoal Black	Pristine White Timeless Black	Charcoal Black

Console Dimensions	4.625" W x 4.875"T Screen 3.5" 320x480 Pixel TFT		
Readouts	Time, Date, Speed, Distance, Exercise Time, Calories, Steps, Summary		
Speed	0.4-4.0 MPH	0.4-6.0 MPH	0.4-4.0 MPH
Deck Suspension	6 Independent Compression Shocks	6 Independent Compression Shocks	6 Independent Compression Shocks
Product Weight	Glow Up: 88.2 lbs. Console: 3 lbs.	Glow Up: 98.4 lbs. Console: 3 lbs.	Glow Up: 98.4 lbs. Console: 3 lbs.
Warranty	Frame: 10 Years Parts: 2 Years Labor: 1 Year	Frame: 10 Years Parts: 2 Years Labor: 1 Year	Frame: 10 Years Parts: 2 Years Labor: 1 Year

LifeSpan®

UNDER DESK BIKES



AMPERA OFFICE BIKE

SKU: ABO1GW • ABO1SG

- 2" Cushion seat made with breathable and easy to clean fabric
- Ergonomic Seating
- Step-less Seat Height Adjustable
- Fits individuals up to 6'5"
- Powers up devices using kinetic energy
- Made of 30% sustainable recycled products
- 65W USB-C Port
- Available in 2 colors:



Available in Glacier White and Space Gray



Height Range	5' to 6'5" (152cm to 196cm)
Output Port	USB-C PD
Bluetooth	Bluetooth 5
Ring Light	12 Colors
Wireless Charging Standard	Qi Wireless
Weight Limit	330 lbs. / 150 kg.
Dimensions	25.2" x 18.9" x 32.8"
Product Weight	68 lbs. / 31 kg.
Operating Temperature	50° to 110° F

LifeSpan®

STANDING DESKS

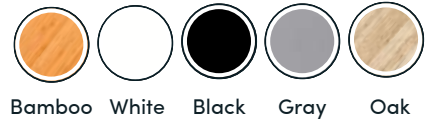


STANDING DESK

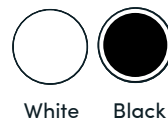
SKU: SD9BB-48W/48B/48G/51O/60U/60W • SD9W-48W/48B/48G/51O/60U/60W



Desktop Colors:



Frame Colors:



Desktop Sizes:



This desk comes in 3 widths, so you can pick which suits you best.

- ✓ Hidden Internal Cables
- ✓ 4 Presets for Desk Height
- ✓ Electric Height Adjustment up to 51"
- ✓ Supports users up to 6ft!



WARRANTY

FRAME: **10 YEARS**

PARTS: **2 YEARS**

LABOR: **1 YEAR**

SDG GLASS STANDING DESK

SKU: SDG-B • SDG-W



Desk Colors:



* Works with any under-desk treadmill or bike.

**Comes with LifeSpan's Liquid Chalk Marker.

✓ 48"-Wide and aesthetic desktop surface

✓ Extends up to 52" in height

✓ 3 Presets with cm-level adjustment

✓ 265 lbs. Desktop weight capacity

✓ Embedded drawer

✓ Built-in Charging Ports: USB-A, USB-C

WARRANTY

FRAME: **10 YEARS**

PARTS: **2 YEARS**

LABOR: **1 YEAR**

All-in-One OMNI DESK

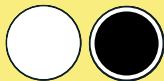
SKU: TR1200SC130-SD120B-38W/48W/48B/48G/51O/60U/ 60W
TR1200SC130-SD120W-38W/48W/48B/48G/51O/60U/60W
TR5000SC130-SD120B-38W/48W/48B/48G/51O/60U/60W
TR5000SC130-SD120W-38W/48W/48B/48G/51O/60U/60W

Desktop Colors:



Bamboo White Black Gray Oak

Frame Colors:



White Black

Desktop Sizes:



38" 48" 51" 60"



✓ One control for the desk and treadmill. Most seamless experience

✓ Extends up to 51" in height

✓ 2 Presets with cm-level adjustment

✓ 265 lbs. Desktop weight capacity

✓ Space saving

✓ Available in TR1200B Pro or TR5000B Pro treadmill pads

WARRANTY

FRAME: **10 YEARS**

PARTS: **2 YEARS**

LABOR: **1 YEAR**

POWER TREADMILL DESK

SKU: TR1200SC130-SD9B-48W/48B/48G/51O/60U/60W • TR1200SC130-SD9W-48W/48B/48G/51O/60U/60W • TR5000SC130-SD9B-48W/48B/48G/51O/60U/60W • TR5000SC130-SD9W-48W/48B/48G/51O/60U/60W

Walk, work, and meet goals effortlessly with our best-selling Under Desk Treadmills and Standing Desk.

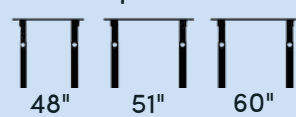
Desktop Colors:



Frame Colors:



Desktop Sizes:



POWER BIKE DESK

SKU: ABO1GW-SD9B-48W/48B/48G/51O/60U/60W • ABO1GW-SD9W-48W/48B/48G/51O/60U/60W • ABO1SG-SD9B-48W/48B/48G/51O/60U/60W • ABO1SG-SD9W-48W/48B/48G/51O/60U/60W

Transform movement into productivity and energy with our Ampera Office Bike and Standing Desk duo.



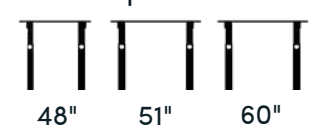
Desktop Colors:



Frame Colors:



Desktop Sizes:



WARRANTY

FRAME: **10 YEARS**

PARTS: **2 YEARS**

LABOR: **1 YEAR**

Specifications



Standing Desk
SD9



SDG Standing Desk
SDG-B | SDG-W



Electric Adjustable Desk
SD120

Operating Noise	< 50db	< 50db	< 50db
Operating Speed	3.5cm/second	2.5cm/second	3.5cm/second
Memory	4 presets with cm-level adjustment	3 presets with cm-level adjustment	2 presets with cm-level adjustment
Lift Range	25.4" (25.4"-51")	27" (25"-52")	25.4" (25.4"-51")
Desk Weight Limit	265 lbs. (120 kg.)	265 lbs. (120 kg.)	265lbs. (120kg.)
Desktop Size	1" Thick HD Composite Board	1" Thick HD Composite Board	1" Thick HD Composite Board
Desktop Colors	Bamboo, Black, White, Gray, Oak	Black, White	Bamboo, Black, White, Gray, Oak
Desktop Sizes	48", 51", 60"	48"	38", 48", 51, 60"
Frame Colors	Black, White	Black, White	Black, White
Frame Materials	Metal	Metal	Metal
Dimensions	48" W x 30" D x 25.4-51" H 60" W x 30" D x 25.4-51" H	48" W x 30" D x 25-52" H	38" W x 30" D x 25.4-51" H 48" W x 30" D x 25.4-51" H 51" W x 30" D x 25.4-51" H 60" W x 30" D x 25.4-51" H
Product Weight	Desk: 48" 32.6 lbs. (14.8 kg.) 51" 42.5 lbs. (19.3 kg.) 60" 39 lbs. (17.7 kg.) Frame: 57.4 lbs. (26 kg.)	Desk: 64.5 lbs. (29.3 kg.) Frame: 47 lbs. (21.3 kg.)	Desk: 38" 27 lbs. (12.3kg.) 48" 32.6 lbs. (14.8 kg.) 51" 42.5 lbs. (19.3 kg.) 60" 39 lbs. (17.7 kg.) Frame: 57.4 lbs. (26 kg.)
Warranty	Frame: 10 Years Parts: 2 Years Labor: 1 Year	Frame: 10 Years Parts: 2 Years Labor: 1 Year	Frame: 10 Years Parts: 2 Years Labor: 1 Year

LifeSpan®

ACCESSORIES





AERO BALANCE BOARD

SKU: AS1000

Stand while you engage your core and promote your balance.

Dimension: 23" L x 16" W x 4.5" H

Max. User Weight: 350 lbs.



BEIGE

AMPERA BIKE SEAT COVER

SKU: ABO1-SC-BEI • ABO1-SC-AG • ABO1-SC-NB

Made of 100% Handcrafted Cotton. Naturally soft. Machine washable. Comes in Navy Blue, Forest Green and Cotton Beige

Color options:



DESK SHELF DUAL MONITOR STAND

SKU: DMS1

- Durable tabletop in solid walnut wood
- Supports up to 130lbs
- Steel legs, powder-coated in black mat
- A spacious desktop space 42"L x 9 "W x 4" H

WOODEN LAPTOP STAND

SKU: LTS1-BW

Add elegance and height to your computer to avoid neck and eye strain.



CABLE MANAGEMENT TRAY

SKU: CMT1

Organize like a pro and keep your cords, clean, untangled, and physically appealing. Productivity just got better with a clean workplace.



BAMBOO POWERBANK

SKU: PB-U

Power up your devices with confidence and style with our 65W 5000MAH Bamboo Power Bank.

Dimension: 4"x2.5"x0.6"



WATER FLASK

SKU: WFLASK-B • WFLASK-W

Be sure to hydrate and refresh.

- Compact yet holds 13oz bag
- Mainly for cold drinks, bottle can hold up to 115°F

Color options:



EQUIPMENT MAT

SKU: TMM100 • TMM800

Protect your floors and reduce noise with our durable, slip-resistant Equipment Mat – perfect for office treadmills and gear. It ensures stability, safety, and a clean, professional workspace environment.

Size: Small • Large



SILICONE TREADMILL LUBRICANT

SKU: SILBOX

Keep your treadmill in optimal condition with proper and regular maintenance.



TREADMILL STARTER KIT

SKU: TMSK100 • TMSK800

Preserve pristine floors and extend machine life with our Equipment Mat and Silicone Treadmill Lubricant combo!

Size: Small • Large



YOGA BALL OFFICE CHAIR

SKU: YB25C • YB25L • YB30L

25" Charcoal Felt • 25" | 30" Caramel Leather

- Supports up to 400 lbs.
- Made of real wool / genuine leather cover
- Engages core and improves balance



INDOOR ROWER

SKU: RW1000



✓ Low-impact full body workout

✓ Foldable and compact for convenient storage

✓ Easy-roll transport wheels

✓ 5-Adjustable Magnetic Resistance

✓ Ultra-quiet and smooth

✓ Ergonomically engineered to mimic natural rowing



"What makes it impactful is tying it back to the culture of the organization."

Amy McDonough
VP, Fitbit Wellness

Over tens of thousands lives have changed!



"It's a great perk that makes me feel better personally and physically. I love it."

Jenny Hoefel
Event Manager, Zillow Group



"The action of walking helps me to think better."

Joanna Coles
Entrepreneur / Producer



As featured in:



Prioritizing wellness is not just an investment in people—it's an investment in success.

Success starts here.

