

EMPOWER RECOVERY WITH SELF-GUIDED MOVEMENT

Designed to support rehabilitation and mobility, our smart fitness tools help patients build strength, stability, and confidence—step by step.

Smart Recovery Foam Roller

A staple for rehab and mobility work, this foam roller features printed visuals to guide patients through effective self-myofascial release.



Smart Stability Balls

Helps patients build core strength, improve balance, and enhance flexibility, with self-guided movements ideal for at-home or in-clinic use.



Smart Stick

Helps patients improve posture, mobility, and body awareness. Built-in exercise visuals support guided rehab movements and motor pattern retraining.



Strength Bands

Progressive, joint-friendly resistance makes Strength Bands a must-have for mobility work, post-injury rehab, and rebuilding functional strength without added strain.



Mini Flat Bands

Ideal for activating smaller muscle groups and improving stability, Mini Bands are perfect for rehab protocols, joint stabilization, and controlled resistance training during recovery.

