DF306
BACK EXTENSION AB CRUNCH

The SportsArt Dual Function Strength Series is uniquely engineered to offer training on multiple muscle groups per station without compromising range of motion or user experience, making them ideal for smaller spaces.

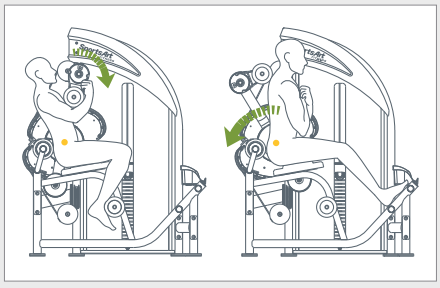
KEY FEATURES

- Direct drive system offers two opposing cams for less cable-slop and faster workout changeover
- Fully adjustable chest/back pad
- Plate increments: 20 x 11 lbs (5 kg)
- Multiple foot supports for greater stability

TECHNICAL DETAILS	
Unit Weight	474 lbs / 215 kg
Dimensions (LxWxH)	44.6 x 44.1 x 57.2 in / 113.2 x 112.2 x 145.3 cm
Weight Stack	220 lbs / 100 kg
Max User Weight	500 lbs / 227 kg
Starting Weight	Back Extension: 7.7 lbs / 3.5 kg Ab Crunch: 7.7 lbs / 3.5 kg
Features	5 inch deep groove POM pulleys provide consistent cable tracking 14-gauge machine welded frame Stainless steel guide rods resist rust and maintain smooth operation Heavy-duty cushions featuring double-stitched upholstery Multiple adjustment points for maximum customization

WARRANTY*	
Type	Full Commercial - no usage limit
Frame	10 Years
Weights & Guide Rods	5 Years
Cables, Belts, Bearings & Parts	3 Years
Grips, Enclosures & Covers	1 Year
Upholstery	6 Months
Labor	1 Year

NOTABLE DETAILS



Dual Function Series allows users to work at least 2 major muscle groups per machine maximizing both space and convenience

Dual cam system improves biomechanics and reduces cable slack

Our stacks feature sound dampeners and magnetized selector fork for maximum stability.

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